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Recipe!



Meal Plan - Vitamin B12

Breakfast



Chocolate Orange Protein Porridge

This porridge is a rich and comforting...

daveynutrition.com

0.8161ug

Lunch



Loaded Sweet Potato Taco Chips

A ridiculously tasty take on the popular take away dish! This is a recipe that all the family...

daveynutrition.com

2.2ug

Snack



Protein Balls

Looking for a snack that hits the spot every time...first step: melt your chocolate! These...

daveynutrition.com

0.0222ug

Dinner



Spicy Mince Bonanza

This recipe combines potatoes, vegetables and a spicy mince to create an excellent recover...

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3.3ug

Snack



Cornflake Cakes

Once set, these cakes offer a satisfying crunch paired with a smooth yoghurt coating, makin...

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0.367ug